



# Glenbard South Principal Newsletter

October 17, 2024

# RAIDER



# PRIDE

---

FROM THE OFFICE OF:



Good afternoon, Raider families,

We are approaching the 9th week of school, approximately halfway through the first semester. Students are highly engaged in deep, challenging and complex learning experiences in their courses. I want to remind families that we have many supports available for students at Glenbard South. Our partnership is key to helping students get the most out of these supports. I would ask you to engage in asking your student(s) where they are attending for Raider Hour each Monday and Friday during agency sessions. You can even ask to see the GSD app on the iPad and see where they are signing up to attend. Students can seek out additional support during Collaboration Hour or during lunches by seeing a teacher, or visiting the Writing Center, Math Lab, or AP Cafe. We also have a new peer tutoring center, the GBS Learning Commons for Freshman students. Please encourage your student to take advantage of all the supports available. There is no reason any student should be missing any assignments in their courses with all the support available.

## Important Construction Update

We also want to take this opportunity to share with you the upcoming construction plans for Glenbard South for the summer of 2025 and the next several years. As you are aware, Glenbard District 87 community passed a referendum in March of 2024 for significant improvements to all four high schools. Please [watch this video](#) to see the updated plans for Glenbard South. Take a moment to give us feedback or ask questions after watching the video completing [this form](#). We will get back to you to answer any questions.

Please read the rest of the newsletter for more important information.

With Raider Pride,  
Principal Santee



### **Calendar Reminders:**

October 23-24 are Parent Teacher Conference days and students are dismissed at 1:00 pm.

October 25 is a non-attendance day.

October 29 is a testing day for all Juniors for the Pre-ACT and a non-attendance day for 9, 10, 12 grade students.

November 5, 2024 is a non-attendance day for Election Day.



### **FROM THE OFFICE OF:**

**ASSISTANT PRINCIPAL OF INSTRUCTION**

**Mr. Sean Byrne**

---

### **Mock Election on October 30, 2024**

All students will be encouraged to participate in a mock election on Wednesday, October 30. Participating students will fill out a ballot that mimics the Illinois ballot for the 2024 General Election. The mock election will be held during periods 1, 3, and 7 (lunch). Volunteers from the League of Women Voters and Glenbard South Administration will help monitor the election and collect the results. We hope this experience will model the upcoming election for students and encourage everyone to use their right to vote in the future.

---

### **PowerSchool**

As many of you know, PowerSchool is the student management system for Glenbard 87 and contains all student grade and attendance data. Student registration is also handled through PowerSchool.

Students and parents/guardians can view grades, scores, and schedules in PowerSchool. We encourage all families to review PowerSchool on a regular basis (once or twice a week) to understand their student's progress in class. It is a good idea to check in with your student about how they feel about their progress and empower them to ask for support when needed.



PowerSchool can be accessed through [THIS LINK](#) or on the [Parents/Families](#) tab of the Glenbard South Webpage. A Schoology Parent and Guardian How To document can be found [HERE](#).

## Testing Schedule



### 24-25 Testing Dates

- Tuesday, October 29, 2024: preACT
- 11th grade only; no classes for 9th, 10th, and 12th grades
- Wednesday, April 9, 2025: preACT
- 9th and 10th grades only; no classes for 11th and 12th grades
- Thursday, April 10, 2025: School-day ACT
- 11th grade only; no classes for 9th, 10th, and 12th grades
- May, 2025: AP Testing (Multiple dates; specific dates found on the [College Board Website](#))

### Parent-teacher conferences will be held on October 23 and 24.

- Both school days will be early release days for students (1:00 dismissal).
  - Registration for Parent-teacher conferences will be done in Power PTC, which is accessed through PowerSchool. Families will be sent information about specific registration dates as soon as it is available.
- **Wednesday, October 23**, conferences will be virtual (on Zoom) from 4 - 8 pm.
- **Thursday, October 24**, conferences will be in person in classrooms, from 2 - 6 pm.
- **Friday, October 25 is a non-attendance day for all students.**



FROM THE OFFICE OF:

## ASSISTANT PRINCIPAL OF OPERATION

Mr. Taff Nielsen



---

### Important Dates For Your Calendar

Click [HERE](#) for important dates to save in your calendar.



---

### Veterans Day



Glenbard South will once again honor our Veterans on Veterans Day with United States Flags displayed around our school property. Please consider submitting this [Veterans Day FORM](#) with the name and branch of service of your family member. You can complete this form multiple times in order to add additional names. The form will close on Tuesday, November 5.

---

### FROM THE OFFICE OF:

ASSISTANT PRINCIPAL OF STUDENT SERVICES

Ms. Marina Kosak



---

## Young Hearts For Life (YH4L)

District 87 and Glenbard South are partnering with YH4L to offer ALL of our students free heart screenings on December 3rd.

YH4L, the largest ECG screening program in the United States, will provide a FREE heart screening called an electrocardiogram (ECG) to identify young adults (age 12-24) at risk for Sudden Cardiac Arrest (SCA). More than 60 young adults die each week in the United States from Sudden Cardiac Death. Since 2006, YH4L has screened over 320,000 students and has identified more than 3,400 with previously undiagnosed heart conditions. Please be aware that repeat ECG testing is recommended every two (2) years.



In order to make this happen we not only need for all parents to sign their students up for the free screenings but we also need parent volunteers to make it happen. Please see the following 2 fliers to learn how to both sign up your student and volunteer to help on that day.

# YH4L Heart Screening at Glenbard South High School

**TUESDAY, DECEMBER 3RD**

## Why do young adults need an ECG?

\*60 young adults die each week from Sudden Cardiac Arrest in the US

\*A simple, non-invasive ECG can detect approximately 70%  
of conditions that can cause Sudden Cardiac Arrest;  
a sport physical will only detect 4%!

\*It's safe, painless, fast and FREE to all GSHS students

**Scan Register your student** →



Sponsored by: District 87, EKGs for EKG,  
Erik "Lonnie" Lonwick Memorial Fund and YH4L Donors

# GLENBARD SOUTH HS FAMILIES AND FRIENDS

## VOLUNTEERS NEEDED

for the YH4L ECG Screening on

**Tuesday, December 3rd**



Scan to volunteer

Don't forget to register your student for this free life-saving screening!

Sponsored by: EKGs for EKG, Glenbard South HS, Erik "Lonnie" Lonwick Memorial Fund and YH4L donors



### Homecoming 2024, "Enchanted Forest"



Thank you for a wonderful Homecoming week. We had successful events throughout the week to celebrate Glenbard South and what it means to have Raider Pride. We started with Games Night on Monday night, hallway decorating on Tuesday, evening pep rally on Wednesday and the school day pep rally on Friday. We brought home a Raider football win Friday and concluded the week with just over 700 students attending our Homecoming dance on Saturday night.

### Fine Arts Newsletter

Click [HERE](#) to view the October Fine Arts Newsletter.





---

## From the Health Office

---



### **Flu and Covid Vaccine 2024/25 - Now is the perfect time to get your vaccines**

Getting the flu and covid vaccines for yourself and your family is very important, especially this time of the year.

It takes about two weeks after vaccination for antibodies to develop in the body and provide protection against influenza or covid virus infection.

Vaccines are recommended for all people ages 6 months or older.

Get both vaccines early to protect you and your family!

Please check out your school's website - Parent tab → Health Services → to see a list of other community resources near you.

Most insurance providers, including Medicare and Medicaid, will allow you to get your vaccines for free. Some providers require a co-pay, check with your insurance plan.

If you have a regular care provider - pediatrician, primary care doctor, clinic - CALL TO SCHEDULE AN APPOINTMENT

Individuals without insurance can go to Walgreens, CVS, Jewel Osco, and children can make appointments through the [DuPage County Vaccine clinic](#). There is a fee for vaccinations without proof of insurance.

[CDC Flu and Covid vaccine recommendations](#)

---

# School Counseling

---

## Parent Meetings with Juniors and Counselors

Stay tuned to your email. Parents of juniors will receive a letter inviting them to meet with their student's school counselor. These optional meetings will focus on reviewing transcripts, checking credits and graduation requirements, discussing SAT testing, and post-secondary plans for your junior. If you would like to schedule a meeting with your child's school counselor, **please email Mrs. Duffy at [michelle\\_duffy@glenbard.org](mailto:michelle_duffy@glenbard.org) for an appointment; please include your availability for the meeting in your email.** She will be scheduling 30 minute appointments during the months of November and December, before winter break, during regular school hours. These meetings can take place either in person or virtual.

---

## FAFSA workshops

Glenbard South is hosting a series of FAFSA workshops, both in person and virtual.



The first event is a virtual FSA ID workshop on December 9th (see below). Both students and parents need an FSA ID number. This unique digital ID is how you sign your student's electronic FAFSA. It must be created 24-48 hours before filing your actual FAFSA.

The first virtual FAFSA workshop is scheduled for Tuesday, December 17th, at 6pm. The Zoom links will be sent to parents and students via email and Schoology.

If you prefer in person, there will be an in-person FAFSA workshop, scheduled on Thursday, February 27th, from 3pm-5pm.

Date	Topic	Location
Thursday, Aug. 29th, open house	Navigating Senior Year	Glenbard South, LRC
Tuesday, Oct. 8, Noon and 7pm	Who Gets in and Why?: A Year Inside College Admissions	Visit GPSParentSeries.org for Zoom links and Program details
Thursday, Nov. 7, Noon and 7pm	The Price You Pay for College	Visit GPSParentSeries.org for Zoom links and Program details
Wednesday, Dec. 11, Noon and 7pm	Seven Steps to College Success: A Roadmap for Students with Disabilities	Visit GPSParentSeries.org for Zoom links and Program details
Monday, Dec. 9, 6pm-7pm	FSA ID workshop	Virtual via Zoom
Tuesday, Dec. 17, 6pm-8pm	FAFSA* workshop	Virtual via Zoom
Wednesday, Feb. 19, 2025 6pm-7pm	FSA ID workshop	Virtual via Zoom
Thursday, Feb. 27, 2025 3pm-5pm	FAFSA* workshop	In Person, Glenbard South, LRC



### TCD Explore Day

The Technology Center of DuPage is hosting an Explore Day for our students on Thursday, December 5th during the school day. TCD is our advanced career and technical elective education program for juniors and seniors, offering 16 different in-depth and hands-on programs. Check out the list of options [here](#) and pick up the permission form from the school counseling office. This is

TCD: [https://youtu.be/Q42pIBQ\\_CUI](https://youtu.be/Q42pIBQ_CUI)

### College and Military Visits at Glenbard South:

Glenbard South routinely hosts college and military representatives to meet with our students. Attending a visit gives your student a chance to speak directly with the admissions representative who will be evaluating their application and get answers to specific questions. These visits are open to 10-12th grade students.

Check out the links below and sign up in SchoolLinks to attend.

[How to Sign Up for a Visit in SchoolLinks](#)

### From the Office of:

Assistant Principal of Athletics  
Mr. Tim Carlson



## Winter Sports Start Dates

Winter sports are right around the corner. Below you will find the start dates for each of the sports we offer in the winter season.

Student athletes are reminded that they must be registered in PowerSchool and have a valid physical on file in order to participate on the first day. For more information on any of these sports, you may contact the head coach.

Boys Bowling (co-op w/Glenbard East):	October 28th	Steve Bair ( <a href="mailto:steve_bair@glenbard.org">steve_bair@glenbard.org</a> )
Competitive Cheer:	October 28th	Lauren Albrecht ( <a href="mailto:lauren_albrecht@glenbard.org">lauren_albrecht@glenbard.org</a> )
Competitive Dance:	October 28th	Haley Kruis ( <a href="mailto:haley_kruis@glenbard.org">haley_kruis@glenbard.org</a> )
Girls Basketball:	November 4th	Eric Daca ( <a href="mailto:eric_daca@glenbard.org">eric_daca@glenbard.org</a> )
Boys Basketball:	November 11th	Jason Mead ( <a href="mailto:jason_mead@glenbard.org">jason_mead@glenbard.org</a> )
Girls Gymnastics:	November 11th	Lee Wood ( <a href="mailto:lee_wood@glenbard.org">lee_wood@glenbard.org</a> )
Boys Wrestling:	November 11th	Kenny Paoli ( <a href="mailto:kenneth_paoli@glenbard.org">kenneth_paoli@glenbard.org</a> )
Girls Wrestling:	November 11th	Kenny Paoli ( <a href="mailto:kenneth_paoli@glenbard.org">kenneth_paoli@glenbard.org</a> )
Girls Bowling (Co-op w/Glenbard East):	November 18th	Dawn Chantos ( <a href="mailto:dawn_chantos@glenbard.org">dawn_chantos@glenbard.org</a> )
Boys Swimming (Co-op w/Glenbard West):	November 25th	Marc Beard ( <a href="mailto:marc_beard@glenbard.org">marc_beard@glenbard.org</a> )

## From the Superintendent

Dr. Larson



Superintendent shares tips on ways to support students

High school is filled with new learning opportunities and limitless possibilities for students. There are a variety of ways families can support and guide students throughout high school.

Here are a few ways to support students:

### **Provide support at home**

- Help your teen get organized
- Share time management tips
- Encourage good study habits
- Discuss assignments
- Be interested
- Offer specific praise for hard work
- Watch for frustration
- Establish a regular time for homework
- Choose a place to do homework and remove distractions

### **Tap into resources, opportunities of Glenbard Hour**

The Glenbard Hour is a valuable resource in students' schedule. This dedicated time each week allows students to access their teachers for the support they need to experience academic success. During the twice weekly Glenbard Hour, students are involved in making choices; seeking help; getting involved in physical activities; learning new concepts and gaining new skills.

Encourage your student to tap into the many resources and opportunities available through the Glenbard Hour each week.

### **Take advantage of free GPS Parent Series events**

We are so fortunate to have the GPS Parent Series, which provides families with free support and tips from national parenting experts and local educators. Each week, GPS speakers discuss a range of topics that all families face as teens make their way through adolescence to adulthood. GPS also offers programs relevant to families of children in early childhood education and elementary school. Check out the list of free GPS programs and get the webinar links on the [GPS Parent Series website](#).

### **Participate in extracurriculars**

Also, encourage your student to get involved in events at school and participate in clubs, sports and activities. Students who get involved at school have a greater sense of belonging and do better academically and emotionally.

High school is a growing experience for students and their families alike. We partner with families to support students and prepare them to achieve their goals.

---

# GPS

# Parent Series

## Navigating Healthy Families

LINK TO BROCHURE ON NEW WEBSITE:

<https://gpsparentseries.org/#brochure>

## GPS Glenbard Parent Series



Please visit our website for links and program details:  
[GPSParentSeries.org](https://GPSParentSeries.org)

### Upcoming Events



#### HYBRID EVENT – Supporting Our Teens in Challenging Times: The Power of Hope

Dr. John Duffy  
Thursday, October 17 at noon and 7 p.m.  
In person at the Glen Ellyn Public Library at 7 p.m. and on Zoom  
A Health Fair precedes the program at 6:30 p.m.



#### Teen Anxiety and School Anxiety: Dealing with Resistance and Refusal

Dr. Laura Koehler  
Tuesday, October 22 at noon and 7 p.m.



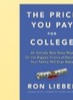
#### How to Raise Teens You Want to Spend Time With: Science-based Strategies for Responsible, Respectful Kids

Melinda Wenner Moyer  
Tuesday, October 29 at noon and 7 p.m.



#### The Price You Pay for College: An Entirely New Road Map for the Biggest Financial Decision Your Family Will Ever Make

Ron Lieber  
Thursday, November 7 at noon-1:30 pm and 7-8:30 p.m.



#### An Evening with Best Buddies: Friendship Program for People with Special Needs

Film Screening: "Saving Superman"  
Wednesday, November 13 at 7 p.m.



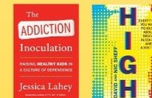
#### Over the Influence: Why Social Media Is Toxic for Teens and How to Limit its Impact

Dr. Kara Alaimo  
Thursday, November 14 at noon and 7 p.m.



#### Understanding and Preventing Addiction: Beautiful Boy

Nic Sheff in conversation with Jessica Lahey  
Wednesday, November 20 at noon and 7 p.m.



## Boosters

The purpose of the GBS Boosters is to encourage and promote all extracurricular activities at Glenbard South. GBS Boosters supports music, arts, academics (scholarships), and after-school clubs in addition to athletics. GBS Boosters raises money through membership fees, donations, concessions, Raider Wear sales, and social events throughout the year. All GBS families, alumni, teachers, staff members, and members of the community are invited to become part of the Boosters.



Please consider becoming a Glenbard South Booster. Click on the link below for more information.



## SUPPORTING STUDENTS, ACTIVITIES, AND COMMUNITY

**BELOW IS A LIST OF SOME OF THE EVENTS AND COMMITTEES HOSTED, PARTICIPATED IN, OR SUPPORTED BY GBS BOOSTERS THROUGHOUT THE YEAR**

Freshman Parent Night & BBQ • Blue and White Night • local restaurant and giveback nights • Fall Mum Sale + Spring Plant Sale • Raider Pride Night • Fall Social Wine Bingo Night • Teacher/Staff Appreciation Breakfast • Gratitude Day



• Pack the Place • Winter Social Trivia Night • Valentine's for Vets • Floral Symphony • Teacher Appreciation Luncheon • Senior Farewell Fest • Annual Golf Outing • Volunteer Appreciation Night (Winter/Spring).

 [gsboosters.org/joinnow](https://gsboosters.org/joinnow)

### October Giveback Day at Andy's Frozen Custard!

Join us for our **October Giveback Day at Andy's Frozen Custard!** On **Wednesday, Oct. 23rd** (11AM – 11PM), Andy's will donate **\$1 from every order** to support **Glenbard South Boosters**.

Enjoy a sweet treat while boosting Raider Pride and helping fund the programs that support our students. Don't miss this chance to make a difference—bring your friends and family, and we'll see you at Andy's!

**\*Please note, you must present the \$1 Donation Voucher/Flyer (printed or digital) at the time of purchase.**

WORLD'S FINEST FROZEN CUSTARD MADE FRESH HOURLY™



# FUNDRAISING NEVER TASTED SO GOOD.

Bring this flyer, Buy a Treat, Receive \$1 for your Organization

**Glenbard South Boosters**

**Wednesday, October 23rd from 11 AM - 11 PM**

**Andy's Frozen Custard  
415 Roosevelt Rd, Glen Ellyn, IL 60137**





JOIN THE BOOSTERS AT OUR

*Join Us!* **FALL** *Stay groovy*

**GOOD VIBES**

**SOCIAL**

**BINGO B PRIZES N APPS/SNACKS**

**RAFFLES 1 \$100 CASH GRAND PRIZE!**

Retro 70s *Bingo!* SAT. NOVEMBER 9TH 7:00 - 10:00 PM

*good vibes* **RAINTREE CLUBHOUSE**

**GSBOOSTERS.ORG/RETRO-BINGO**



### Become a Member - Glenbard South Boosters

We invite all community members, alumni, parents, and faculty to join the Glenbard South Boosters.

📧 [gsboosters.org](http://gsboosters.org)



### Glenbard South High School

Website: [www.glenbardsouthhs.org](http://www.glenbardsouthhs.org)

Location: [23W200 Butterfield Rd, Glen Ellyn, IL, USA](https://www.google.com/maps/place/23W200+Butterfield+Rd,+Glen+Ellyn,+IL,+USA)

Phone: [630-469-6500](tel:630-469-6500)

Twitter: [@GBSraiders](https://twitter.com/GBSraiders)



**Maria Mazza**

Maria is using Smore to create beautiful newsletters

# GLENBARD SOUTH

Home of the Ralders

MAIN ENTRANCE

